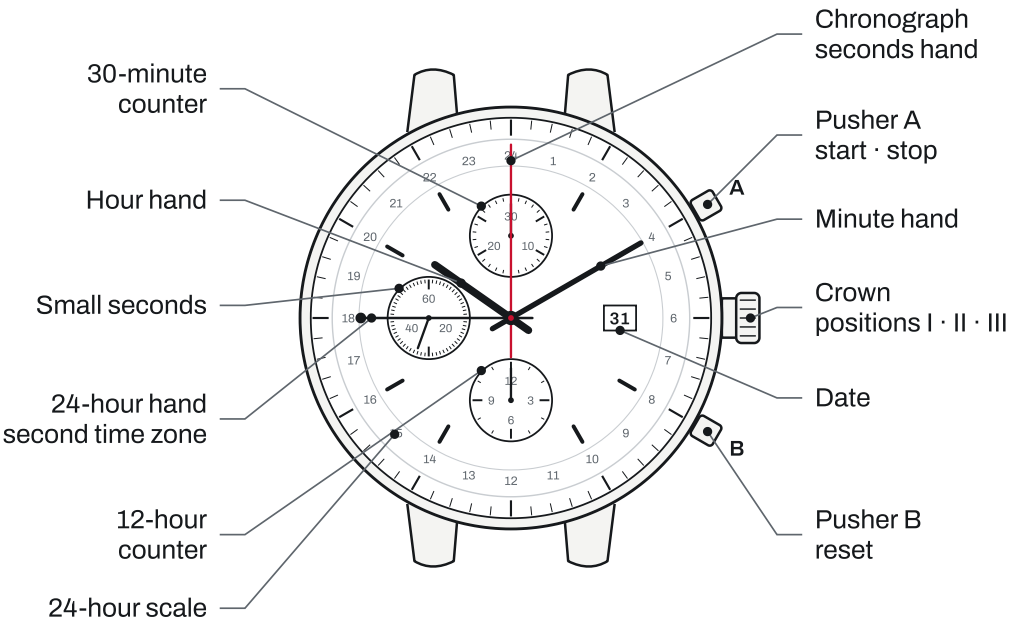
GMT *chronograph*

AUTOMATIC MOVEMENT · BRELLUM CALIBRE BR-754-GMT · VALJOUX 7754 BASE

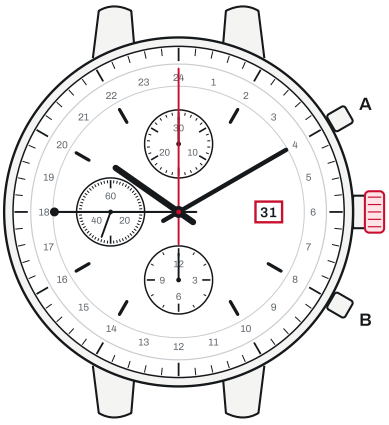
A DISPLAY

Hands and indications



B SETTINGS

Three-position crown



I — Running and manual winding

Normal position. Turn the crown upwards to wind the watch by hand. On the wrist, the movement winds itself.

II — Quick date and 24-hour hand setting

Turn the crown upwards to advance the date, downwards to set the 24-hour hand to the second time zone.

III — Time setting

The seconds hand stops so you can set the time to the second. The date changes when the hands pass midnight: to be sure of morning or evening, move them until the date changes, then set the time.

Never correct the date between 10 p.m. and 4 a.m.

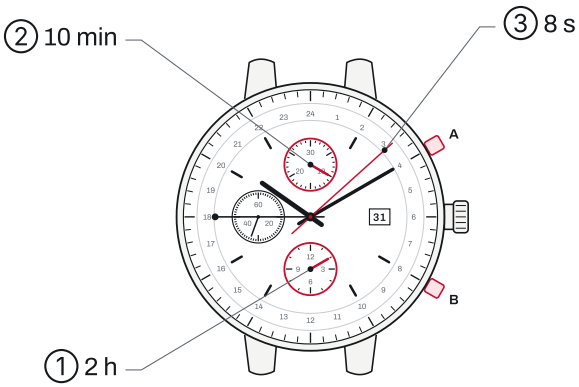
The date mechanism is then engaged: a correction can damage it. First move the hands outside this period (position III), then set the date (position II).

C CHRONOGRAPH

Single timing

1	A	**Start**
2	A	**Stop** · read the measured time
3	B	**Reset**

CROWN IN POSITION I.



READING THE MEASURED TIME

The chronograph shows the time on three indicators. Read them in this order:

Measured time: 2 h 10 min 8 s

The large red hand counts the chronograph seconds. The small seconds at 9 o'clock only show that the watch is running.

D CHRONOGRAPH

Add function

Add up several times without resetting, for example the legs of a journey.

1	A	**Start**
2	A	**Stop** · read
3	A	**Restart**
4	A	**Stop** · read the total time
5	A	**Restart**
6	A	**Stop** · read the total time
X	B	**Reset** · only after a stop

WINDING

Worn every day, the watch winds itself. After a few days off the wrist, give it 20 to 30 turns of the crown in position I.

WATER

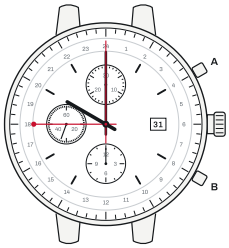
Never operate the pushers or the crown under water, and always push the crown back to position I.

SERVICE

A question, an adjustment, a service? Write to us: customer@brellum.swiss

G SECOND TIME ZONE

24-hour hand



The hour and minute hands show local time. The 24-hour hand turns once a day and shows the time in a second zone on the 24-hour scale, with no confusion between day and night.

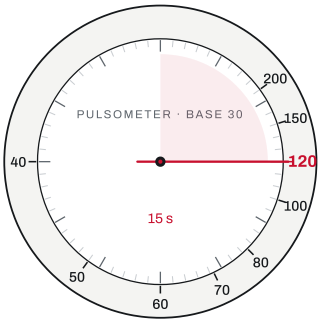
Example: you are in Reykjavik and it is 10 p.m. Set the 24-hour hand to 18: it shows the time in New York.

E SCALES

Depending on the model

Depending on the model, your watch carries one or more of these scales, on the dial or on the bezel. They are read with the chronograph seconds hand, crown in position I.

Pulsometer

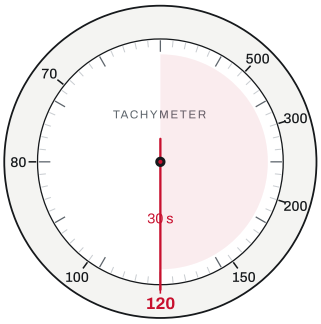


Measures the heart rate in beats per minute.

1. (A) **Start** · when you begin counting the pulse
2. **Count 30 beats**
3. (A) **Stop** · exactly on the 30th beat
4. **Read the rate** · on the scale, opposite the seconds hand

30 beats in 15 seconds: the hand shows **120 beats per minute**.

Tachymeter

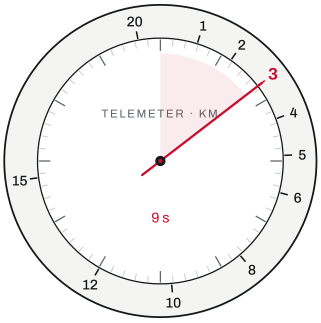


Measures an average speed over a known distance, or a production rate.

1. (A) **Start** · at the beginning of the measurement
2. (A) **Stop** · after exactly one kilometre, or the unit of the scale
3. **Read the speed** · on the scale, opposite the seconds hand

One kilometre covered in 30 seconds: the scale shows **120 km/h**.

Telemeter



Measures the distance of an event you both see and hear, using the gap between light and sound.

1. (A) **Start** · as soon as you see the lightning or flash
2. (A) **Stop** · when you hear the sound
3. **Read the distance** · on the scale, opposite the seconds hand

During a storm, the thunder comes 9 seconds after the lightning: the storm is about **3 km** away.